



On Your Marks...Get Set...Go!

ater volleyball at DeWitt Fitness Center in the morning. A leisurely walk on the paved trails in the afternoon. Mountain biking at Westbrook Park in the evening.

Recreation in DeWitt is abundant. It is visible in the six parks overflowing with soccer fields, ball diamonds and playground equipment. In Westbrook Park's 100 acres, there are over five miles of 10' wide multi-purpose trails, nearly five miles of single-track mountain

exercise classes, such as boot camp, yoga and indoor cycling. Ten different levels of swim classes can be taken at the Aquatic Center, and an 18-hole, 70-par golf course offers an exceptional golfing experience at Springbrook Country Club.

Getting involved is easy. The Parks and Recreation Department offers 20 different organized programs ranging from basketball to Tae Kwon Do. Groups such as the DeWitt Running Club, Disc Golf and Pickleball Leagues have a healthy following and welcome all levels of experience.

Annual race events such as the Skeffington Memorial Race and the First Central Crossroads Triathlon, draw people from all over the region. For the first time this year, a Live Healthy Iowa 5K Race will culminate the annual Get Fit DeWitt 10-week health and wellness challenge.

With a bounty of recreational amenities, a vast range of fitness classes and multi-leveled sport programs to join, DeWitt continues to show a commitment for a healthier, fit community. This is how DeWitt Delivers Recreation.

Westbrook Park has over 5 miles of walking trails, nearly 5 miles of mountain bike trails, an 18-hole disc golf course, 4 ball diamonds, 6.3 acres of soccer fields and even two dog runs.

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Exceptional recreational attractions offer a variety of activities. The DeWitt Fitness Center offers 50

> Each month throughout the year, the DCDC highlights various aspects of the DeWitt community in a variety of ways. Watch for monthly articles and weekly 'Did you know?' facts in The Observer, the DeWitt Delivers community blog, and posts on social media.

Want to share how DeWitt Delivers? Contact us at www.dewittiowa.org if you are interested in being a guest blogger or get social by tagging your "around town" photos on Facebook, Twitter and Instagram with #dewittdelivers.



#dewittdelivers





